



This public and social services guide contains names, locations, and phone numbers for community and assistance based organizations located in the downtown area.

To submit a service to this map contact outreach@dlanc.com

1 Anne Douglas Center For Women at the LA Mission
 13 month rehab program for women. 27 bed capacity. Waiting list. Shower, clothes, diapers, women and children services, and referrals. Monday – Friday 8:30am – 5pm
 303 E. 5th St. Los Angeles CA 90013 | (213)629-1227

2 Union Rescue Mission
 Shelter, residential programs, substance-abuse services, food, medical, dental, mental health care, and case management.
 Open 24 hours 7 days a week
 545 S. San Pedro St. Los Angeles CA 90013 | (213)347-6300

3 Chrysalis
 Work training, job placement, resume development, interview preparation, and computer services.
 Monday – Friday 8am – 5pm
 522 S. Main St. Los Angeles CA 90013 | (213)806-6300

4 David L. Murphy Sobering Center / Exodus Recovery
 Short term, monitoring and management of persons under the influence of alcohol and drugs. An alternative to jail and emergency services. Open 24 hours 7 days a week, by referral.
 640 S. Maple Ave. Los Angeles CA 90014 | (213)395-7700

5 Downtown Mental Health Center
 Mental health evaluation, assessment, obtain a case worker.
 Monday – Friday 8am – 5pm
 529 S. Maple Ave. Los Angeles CA 90014 | (213)629-6200

6 Downtown Women's Center - Crisis / Bridge Services
 Drop in center, housing, healthcare and social services for women. Clothing, emergency food, shower, ID services, and birth certificate assistance. Monday – Friday 8am – 4pm, Saturday – Sunday 7am – 3pm
 442 S. San Pedro St. Los Angeles CA 90013 | (213)680-0600

7 Weingart Access Center
 Referrals, residential and employment services, educational programs, substance-abuse services, food, computer, mail, phone, and voicemail. Open 24 hours 7 days a week
 566 S. San Pedro St. Los Angeles CA 90013 | (213)627-5302

8 MBI Health Services
 Substance abuse services and detoxification, individual and group therapy.
 Monday – Friday 8:30am – 5pm
 443 S. San Pedro St. #130 Los Angeles, CA 90014 | (213)946-0002

9 Emmanuel Baptist Rescue Mission (Gravy Joe's)
 Spiritual counseling. 7 days in/out. First come first serve for beds at 6pm.
 530 E. 5th St. Los Angeles CA 90013 | (213)626-4681

10 Fred Jordan Mission
 Tuesday – Friday – Snacks 9am – 3pm / Chapel and hot meal at 2pm. Saturday 12pm chapel and hot meal / 2pm clothing giveaway.
 445 Towne Ave. Los Angeles CA 90013 | (626)915-1981

11 Skid Row Museum
 Performance and meeting space for Los Angeles Poverty Department.
 Monday 10am – 2pm, Tuesday 12 – 5pm, Thursday 12 – 9pm, Friday & Saturday 2 – 5pm
 250 S. Broadway Blvd. Los Angeles CA 90012 | (213)413-1077

12 James M. Wood Community Center
 60+ Senior citizen free lunch.
 Monday – Friday 9 – 11:30am
 400 E. 5th St. Los Angeles CA 90013 | (213)229-9361

13 JWCH Center For Community Health
 Medical, dental, pharmacy, TB testing, substance-abuse services, and referrals. Monday – Friday 7am – 6pm, Tuesday 7am – 7pm, 1st & 3rd Saturday 8am – 12pm, Closed Sunday and 2nd & 4th Saturday
 522 S. San Pedro St. Los Angeles CA 90013 | (866)733-5924

14 La Can Los Angeles Community Action Network
 Meet with housing and civil rights attorneys, public and veteran benefits, ticket and citation assistance.
 Monday – Friday 9am – 5pm
 838 E. 6th St. Los Angeles CA 90021 | (213)228-0024

15 LAMP Village
 Food, housing, referrals, medical and social services, case management, and education programs for people with mental illness. Monday – Friday 8am – 5pm
 527 Crocker St. Los Angeles CA 90021 | (213)488-9559

16 LAMP – Community Laundromat and Showers
 Laundry: Tuesday – Saturday 7am – 3pm
 Showers: Monday 7am – 11am
 Tuesday – Saturday 7am – 11am / 12pm – 2pm
 526 S. San Pedro St. Los Angeles CA 90013 | (213)488-9559 ext.127

17 LAMP – Studio 526
 Music Studio: 9am – 3:30pm
 Art Studio: 12:30pm – 3:30pm
 Tuesday, Thursday, Friday
 526 S. San Pedro St. Los Angeles CA 90013

18 Joshua House Clinic
 Medical, dental, vision, chiropractic care, substance abuse services and TB testing.
 Monday – Friday 7am – 3pm
 325 E. 7th St. Los Angeles, CA 90014 | (213)893-1960

19 Los Angeles Mission
 Shelter and residential programs for men. Breakfast Lunch and Dinner available. 30 bed tickets available first come first serve at 5pm. Monday – Friday 6am – 6pm
 303 E. 5th St. Los Angeles CA 90013 | (213)629-1227

20 Midnight Mission
 Shelter, food, showers, medical, resident and education programs, substance abuse services. Safe sleep opens 7pm. Shelter intake 9am.
 Open 24 hours 7 days a week
 601 S. San Pedro St. Los Angeles CA 90014 | (213)624-9258

21 Refresh Spot
 Hygiene and support services, community engagement, resource navigation, and outreach programs.
 Open 24 hours 7 days a week
 544 Towne Ave. Los Angeles CA 90013 | (213)744-0724

22 SHARE! Self-Help and Recovery Exchange
 Self-help meetings including AA, NA, CA, dual diagnosis groups, mental health recovery, SPS non-12 step sobriety path and more. Sunday – Friday 12:30pm – 9pm, Saturday 9:30am – 5:30pm
 425 S. Broadway Blvd. Los Angeles CA 90013 | (213)213-0100

23 SRDC Skid Row Development Corporation
 Outpatient referral including physical and mental health, dental, employment, and housing services.
 Monday – Friday 8am – 4:30pm
 526 E. 6th St. Los Angeles CA 90021 | (213)623-7130

24 Downtown Outpatient
 Harm reduction, needle exchange, mental healthcare, substance-abuse services/meeting, TB testing, HIV prevention, referrals, and transport. 52 week courses. Progress reports. Monday – Friday 7:30am – 4:30pm
 305 S. Central Ave. Los Angeles, CA 90013 | (213)372-5233

25 St. Vincent's Cardinal Manning Center
 Emergency and transitional shelter for men and senior men. Rental and permanent housing move-in assistance and referrals to other services. Open 24 hours 7 days a week
 231 Winston St. Los Angeles CA 90013 | (213)229-9971

26 The Bin
 Self storage service.
 Monday – Friday 8am – 4:30pm, Saturday 8am – 12:30pm
 507 Towne Ave. Los Angeles CA 90012 | (213)394-0361
 540 S. San Pedro St. Los Angeles, CA 90013 | (213)878-9009

28 Creating Justice / LA Peace and Healing Center
 Free coffee/tea, food, hygiene, restroom, events, chill out spot, and mutual aid resources. Monday 9am – 2pm, Wednesday 9am – 3pm, Thursday 4 – 9pm, Friday 2 – 6pm
 116 E. 5th St. Los Angeles CA 90013 | (213)537-0822

29 Ron Beasley Wellness Center
 Weekday groups for life skills, meditation and relaxation, recovery, anger management, yoga, art therapy, women's circle, and coffee at 9am.
 Monday – Friday 8am – 4pm
 345 S. San Pedro St. Los Angeles CA 90013 | (213)537-0822

30 DPSS – Department Of Public Social Services
 General relief, food stamps, Medi-Cal, GROW, mental healthcare.
 Monday – Friday 8am – 5pm
 813 E. 4th Pl. Los Angeles CA 90013 | (866)613-3777

31 EDD – Employment Development Department
 Comprehensive job center with job search, skill assessment, training programs, job placement services.
 Monday – Friday 8:30am – 5pm
 888 S. Figueroa St. Unit 200 Los Angeles CA 90017 | (800)480-3287

32 US Department of Veterans Affairs
 Veterans only services, ID services, walk-in medical clinic, dental, mental healthcare, transportation, housing, access, and referrals.
 Monday – Friday 8am – 5pm
 351 E. Temple St. Los Angeles CA 90013 | (213)253-2677

33 Homeless Health Care Los Angeles
 Harm reduction, needle exchange, mental healthcare, substance-abuse services/meeting, TB testing, HIV prevention, referrals, and transport. Every Day 9am – 3pm
 512 E. 4th St. Los Angeles CA 90013 | (323)497-3091

34 Los Angeles Center for Alcohol and Drug Abuse
 Intensive outpatient, counseling, therapy, case management, Telehealth, urinalysis/mouth swab, progress reports. 52-week courses. Monday 8am – 9pm, Tuesday – Wednesday 8am – 7:30pm, Thursday – Saturday 8am – 4pm
 426 S. San Pedro St. Los Angeles CA 90013 | (213)626-6411

35 LA County Department of Mental Health Veteran and Military Family Services
 Targeted case management for veterans and family of veterans.
 Monday – Friday 8am – 5pm
 1816 S. Figueroa St. Los Angeles CA 90015 | (213)763-0300

Los Angeles County Helpline
 for Mental Health and Substance Use Services
24/7 Helpline
(800) 854-7771

L Libraries
 Central Library 5th & Grand
 Little Tokyo Branch Los Angeles & 2nd

M Train Stations
 7th & Flower 5th & Hill / 4th & Hill
 2nd & Broadway Hill & 1st
 1st & Central Hope & 2nd

Restrooms
 5th & Los Angeles 5th & San Julian 5th & San Pedro San Pedro & 5th
 6th & Gladys 5th & Hill

P LAPD / Los Angeles Police Department
 251 E. 6th St. Los Angeles CA 90014
 Monday – Friday 8:30am – 5pm
 (213) 486-6606 or 911

PERSONAL SERVICES

Clothing 1, 4, 6, 9, 19, 20, 21

Food 2, 4, 6, 7, 9, 10, 15, 19, 20, 30

Showers 1, 4, 6, 16, 20, 21

Shelter 2, 4, 6, 7, 15, 19, 20, 23, 25

Housing 7, 22, 25, 32

Communication 3, 7, 14, 31

Laundry 15, 16

Identification 6, 32

Storage 26, 27

HEALTH SERVICES

Wellness 9, 11, 14, 17, 28, 29

Dental 10, 13, 18, 23, 32

Vision 10, 18

Medical 2, 4, 6, 10, 13, 15, 18, 20, 30, 32, 33, 34

Veteran Health Services 32, 35

Substance Abuse Services 2, 8, 12, 13, 15, 18, 19, 20, 22, 24, 33, 34

Mental Health Services 2, 5, 8, 15, 22, 23, 30, 32, 33, 34, 35

CITY SERVICES

M Train Stations

L Libraries

Restrooms

P Police



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